White. 1621.

A New Almanacke, and Prognostication,

for this yeare of our *Lord God*, 1621.

Being the first from the Leape-yeare.

Calculated for the Meridian of the most honourable City of London, and will serue generally for the Monarchy of great Britaine.

By *Iohn White*, welwiller to the Mathematickes.

Genesis, 1. 14.

God said, Let there be lights in the Firmament of Heauen, to seperate the day from the night, and let them be for Signes, and for Seasons, and for Dayes, and Yeares.

LONDON:
Printed for the Company of Stationers.

The beginning and ending of the Termes, with their Returnes, this present yeare, 1621.

Hillary Tearm beginneth on the 23. of January, and endeth the 12. of Febuary, and hath 4. returnes.

Octab. Hillar, Quind. Hillar.	Craſt. Purif. Octab. Purif.

Eaſter Tearm beginneth the 18. of Aprill, and endeth on the 14. of May, and hath 5. returnes.

Quind. Paſch. Tres Paſch.	Menſe Paſch.	Quinque Paſch. Craſt. Aſcen.

Trinity Tearm beginneth the 1. of June, and endeth the 20. of June, and hath 4. returnes.

Craſt. Trin. Octab. Trin.	Quind. Trin. Tres Trin.

Michaelmas Tearm beginneth the 9. of October, and endeth on the 28. of November, & hath 8. returnes.

Octab. Mich. Quind. Mich. Tres Mich. Menſe Mich.	Craſt. Anima. Craſt. Martin. Octa. Mart. Quind. Mart.

Note that the Exchequer openeth but eight daies before any Tearme beginneth, except Trinity Tearme, in which Tearme it openeth but foure daies before.

The

The common Notes and moueable Feasts, according to the

Old Accompt.		Forraigne Accompt.
7	The golden number,	7
6	The Circle of the Sun	6
17	The Epact,	17
4	The Romane Indiction,	4
G	The Dominical letter,	C
11. Feb.	Shrouesunday,	21. Feb.
14. Feb.	Ashwednesday,	24. Feb.
1. Aprill	Easter day,	11. Apr.
6. May	Rogation sunday,	16. May
10. May	Ascention day,	20. May
20. May	Whitsunday,	30. May
2. Decem.	Aduent sunday,	28. Nouem.

Phisicall Elections.

Take	Vomits,	the Moon or Signe in	♉.♏.♑
	Glisters,		♈.♎.♒.
	Gargarismes,		♌.♈.
	Preparatiues,		♊.♎.♒.
	Stop fewmes & Fluxes		♉ ♍.♑
	Purge by neezing.		♌ ♌.♍.

Fit time for Blood-letting.

Let blood the sanguine, frō the new moon to the first quar.
The Cholericke, from the First quarter to the Full.
The Flegmatick, from the new moon to the last quarter.
The Melancholy, from the last quarter to the new moon.

Dangerous times for Blood-letting.

It is dangerous to let Blood in the heat of Summer or cold of Winter, and when the Moone is in that signe which gouerneth that part of the Body you would let Blood. Likewise, within two dayes of the Change, or Full of the Moone it is not to be done without vrgent cause, as the Apoplexie, Squinancie, or such violent Maladies.

The Anatomy of mans body, as the parts thereof are gouerned by the twelue Celestiall Signes.

Aries head and face.

Taurus neck & throat.

Gemini armes & shoulders.

Cancer breast stomach & ribs.

Leo heart & backe

Virgo bowels & belly.

Libra reins & loynes.

Scorpio secret mẽbers

Sagitarius the thighs.

Capricornus knees.

Aquarius the leggs.

Pisces the feete.

Ianuary hath xxxj. dayes.

Warme Meates and Cloathes this moneth are good,
Take heed of Bathes and letting Blood.

1. day, the Sun riseth at 8. & 4. min. & Sets at 3. & 50. min
14. day, Sun riseth at 7. & 46. min. & Sets at 3. & 14. min

i	a	New yr. day.	Virgo	6		11	d
ij	b	Oct. of Step.	Virgo	20	☾ Last quar-	12	e
iij	c	Oct. of Joh.	Libra	5	ter the iiij. day,	13	f
iiij	d	Oct. of Jnno.	Libra	19	halfe an houre	14	g
v	e	Edward dep.	Scor.	3	after 7. of the	15	a
vi	f	Twelfe day.	Scor.	16	clock, at night	16	b
vij	G	Felix & Jan.	Scor.	29		17	C
viij	a	Lucian Pri.	Sagit.	12	● New moon	18	d
ix	b	Joyce virg.	Sagit.	24	the xij. day,	19	e
x	c	Sol in Aqua.	Capri.	6	halfe an houre	20	f
xi	d	Linus mart.	Capri.	18	after 2. of the	21	g
xij	e	Archad. mar.	Aqua.	0	clocke, after	22	a
xiij	f	Hillarius bish	Aqua.	12	noone.	23	b
xiiij	G	Felix Priest.	Aqua.	23		24	C
xv	a	Maurice.	Pisces	5	☽ First quar-	25	d
xvi	b	Marcellus.	Pisces	17	ter the xx.	26	e
xvij	c	Anthony	Pisces	29	day, 3. quar-	27	f
xviij	d	Prisca virg.	Aries	11	ters of an	28	g
xix	e	Wolstan bish.	Aries	23	houre after	29	a
xx	f	Fab. & Seb.	Taur	6	high noone.	30	b
xxi	G	Agnes virg.	Taur	19		31	C
xxij	a	Vincent mar.	Gem.	3		1	d
xxiij	b	Terme begin	Gem.	16	○ Full moon	2	e
xxiiij	c	Timothy bish	Canc.	0	the xxvij. day,	3	f
xxv	d	Con of Paul.	Canc.	15	3. quarters of	4	g
xxvi	e	Policarp bish	Leo.	0	an houre after	5	a
xxvij	f	Agnes the sec	Leo.	15	2. of the clocke	6	b
xxviij	G	Septuo. fund	Virgo	0	after noone.	7	C
xxix	a	Theodore. pr.	Virgo	15		8	d
xxx	b	Batild Quee.	Virgo	29		9	e
xxxi	c	Saturnine.	Libra	14		10	f

Milke, hearbs, and fennish Fowle deny,
Purge not, nor vse Phlebotomie.

1. day, Sun riseth at 7. & 14. min. Sets at 4. & 46. min.
14. day, Sun riseth at 6. & 50. min. Sets at 5. & 10. min.

i	d	Bridget. fast	Libra	28		11	g
ij	e	Purif. of Ma.	Scor.	12	☾ Last quar-	12	a
iij	f	Blase Bish.	Scor.	25	ter the iij. day,	13	b
iiij	G	Sexagesima.	Sagit.	8	at 8. of the	14	c
v	a	Agathy virg.	Sagit.	21	clocke in the	15	d
vi	b	Ved. & amb.	Capri.	4	morning.	16	e
vij	c	Angule bish.	Capri.	16		17	f
viij	d	Paul bish.	Capri.	28	● New moon	18	g
ix	e	Sol in Pisces.	Aqua.	9	the xi. day,	19	a
x	f	Scholastica.	Aqua.	21	halfe an houre	20	b
xi	G	Shrove sund.	Pisc.	3	after 9. of the	21	c
xij	a	Terme ends	Pisc.	14	clocke in the	22	d
xiij	b	Wolstan bish.	Pisc.	26	morning.	23	e
xiiij	c	Ashwednesda.	Aries.	8		24	f
xv	d	Faust. & Jo.	Aries.	20	☽ First quar-	25	g
xvi	e	Julian virg.	Taur.	2	ter the xix.	26	a
xvij	f	Policrone.	Taur.	15	day, 3. quar-	27	b
xviij	G	Quadra. sun.	Taur.	28	ters of an	28	c
xix	a	Pr. Henr. born.	Gem.	11	houre after 10	1	d
xx	b	Mildred virg	Gem.	25	of the clocke	2	e
xxi	c	Ember weeke	Canc.	9	before none.	3	f
xxij	d	Peter & Cha.	Canc.	23		4	g
xxiij	e	Policarp. fast	Leo.	8	○ Full Moon	5	a
xxiiij	f	S. Mathias	Leo.	23	the xxv. day,	6	b
xxv	G	Inuen. of Pa	Virg.	8	halfe an houre	7	c
xxvi	a	Nestor Mar.	Virg.	23	before one of	8	d
xxvij	b	August. bish.	Libra	8	the clock in	9	e
xxviij	c	Oswald bish.	Libra	22	the morning.	10	f

Note that 60. minuts maketh an houre, 30. min. maketh halfe an houre, & 15. doth make a quarter of an houre.

Groſſe meates doe hurt, vſe foode that's fine,
Let blood, and take ſome Medicine.

1. day, Sun riſeth at 6. and 18 min. Sets at 5. & 42. min.
14. day, Sun riſeth at 5. and 53. min. Sets at 6. & 6. min.

i	d	Dauid. Biſh.	Sept. 7		11	g
ij	e	Chad. Biſh.	Sept. 20		12	a
iij	f	Maurice.	Sagit. 4		13	b
iiij	G	Tyrian.	Sagit. 17	☾ Laſt quarter the iiij. day, a quarter of an houre after 11. of the clock at night.	14	c
v	a	Foca. & Cuſ.	Capri. 0		15	d
vi	b	Victor & vict.	Capri. 12		16	e
vij	c	Perpetua.	Capri. 24		17	f
viij	d	Felix martir.	Aqua. 6		18	g
ix	e	40. Martirs.	Aqua. 18		19	a
x	f	Sol in Aries.	Piſces 0		20	b
xi	G	Nutrian.	Piſces 12	● New moon the xij. day, half an houre after 3. of the clocke, in the morning.	21	c
xii	a	Gregory biſh.	Piſces 24		22	d
xiij	b	Theodore.	Aries. 5		23	e
xiiij	c	Cand. mart.	Aries. 17		24	f
xv	d	Longinus.	Aries. 29		25	g
xvi	e	Wonifacr biſh	Taur. 12		26	a
xvij	f	Gertrude.	Taur. 24		27	b
xviij	G	Edward kin.	Gem. 7	☽ Firſt quarter the xv. day, halfe an houre after 7. of the clock, in the euening	28	c
xix	a	Ioſ. Ma huſ.	Gem. 20		29	d
xx	b	Cuthbert.	Canc. 4		30	e
xxi	c	Benedict.	Canc. 18		31	f
xxij	d	Alrodoſe.	Leo 1		1	g
xxiij	e	Theodore.	Leo 17		2	a
xxiiij	f	Inuent. R. Iacobi.	Virg. 2		3	b
xxv	G	Ann. of Mar.	Virg. 17	○ Full moon the xxij. day, at 10. of the clocke in the morning.	4	c
xxvi	a	Eaſter. mart.	Libra. 02		5	d
xxvij	b	Martian.	Libra. 16		6	e
xxviij	c	Worothy.	Scor. 1		7	f
xxix	d	Quintine.	Scor. 15		8	g
xxx	e	Quirine.	Scor. 28		9	a
xxxi	f	Adame.	Sagit. 12		10	b

Our blood being hot, coole hearbs now vse,
And Marenes precepts not refuse.

1. day, Sun riseth at 5. and 17. min. Sets at 6. & 43. min.
14 day, Sun riseth at 4 and 54 min. Sets at 7. & 6. min.

i	G	Easter day.	Sagit	25		11	G
ij	a	Mary Egip.	Capri	8	☾ Last quar-	12	d
iij	b	Richard bish	Capri	20	ter the iij. day,	13	e
iiij	c	Ambrose.	Aqua	3	a quarter of	14	f
v	d	Vincentius.	Aqua	15	an houre after	15	g
vi	e	Sextus bish.	Aqua	27	4. of the clock	16	a
vij	f	Eufemia.	Pisce	9	after noone.	17	b
viij	G	Egisippus.	Pisce	21		18	G
ix	a	7. Virgins.	Aries	3	● New moon	19	d
x	b	Sol in Taurus	Aries	15	the xi. day, a	20	e
xi	c	Julius bish.	Aries	27	quarter of an	21	f
xij	d	Oswald.	Taur	9	houre after 7.	22	g
xiij	e	Zenon bish.	Taur	21	of the clocke,	23	a
xiiij	f	Olisse.	Gem	4	in the euening	24	b
xv	G	Leonard.	Gem	17		25	G
xvi	a	Isidore Bish.	Canc	1	First quar-	26	d
xvij	b	Anicete.	Canc	14	ter the xix.	27	e
xviij	c	Terme begin	Canc	28	day, at 3. of	28	f
xix	d	Alphag. mar.	Leo	13	the clocke, in	29	g
xx	e	Victor bish.	Leo	27	the morning.	30	a
xxi	f	Simeon.	Virg	12		1	b
xxij	G	Sother virg.	Virg	27		2	G
xxiij	a	S. George.	Libra	11	● Full moon	3	d
xxiiij	b	Wilfred.	Libra	25	the xxv. day,	4	e
xxv	c	Mark Euan	Scorp	9	3. quarters of	5	f
xxvi	d	Elete Bish.	Scorp	23	an houre after	6	g
xxvij	e	Anastatius.	Sagit	7	7 of the clock,	7	a
xxviii	f	Vitalis mart.	Sagit	20	in the euening	8	b
xxix	G	Pet. of Mil.	Capri	3		9	
xxx	a	Dep of Erke.	Capri	15		10	d

May hath xxxj. dayes.

Put Sage in Drinke, drinke woormwood Wine,
Vse Phisicks helpe, and rise betime.

1. day, Sun riseth at 4 and 23 min Sets at 7. & 47. min.
14. day, Sun riseth at 4 and 5 min. Sets at 7. & 55. min.

i	b	Phil. & Jac.	Capit	28		11	e
ij	c	Athanasius	Aquar	10	☾ Last quar-	12	f
iij	d	Inuent. cross	Aqua	22	ter the iij.	13	g
iiij	e	Christopher.	Pisces	4	day, at 10. of	14	a
v	f	Goddard.	Pisces	17	the clocke in	15	b
vi	G	Rogation.	Pisces	29	the morning.	16	☾
vij	a	John of Be.	Aries	11		17	d
viij	b	Appa. Mich.	Aries	23	● New moon	18	e
ix	c	Trans. Nich.	Taur	6	the xi. day, at	19	f
x	d	Ascention day	Taur	18	a quarter of	20	g
xi	e	Beda Priest.	Gem	1	an houre after	21	a
xij	f	Sol in Gemini	Gem	14	8. of the clock,	22	b
xiij	G	Corona Bish	Gem	27	in the morne.	23	☾
xiiij	a	Terme ends	Canc	11		24	d
xv	b	Isidore.	Canc	25		25	e
xvi	c	Brand. bish.	Leo	9	☽ First quar-	26	f
xvij	d	Trans. Barn.	Leo	23	ter the xvij.	27	g
xviij	e	Dioscor mar.	Virgo	8	day, at 7. of	28	a
xix	f	Dunston con.	Virgo	22	the clocke, in	29	b
xx	G	Whitsunday	Libra	7	morning.	30	☾
xxi	a	Hellen Quee	Libra	21		31	d
xxij	b	Julian virg.	Scor	5		1	e
xxiij	c	Embers wicke	Scor	19	○ Full moon	2	f
xxiiij	d	Tran. of Fr.	Sagit	2	the xxv. day,	3	g
xxv	e	Adelme bish.	Sagit	15	half an houre	4	a
xxvi	f	Augustine.	Sagit	28	after 6. of the	5	b
xxvij	G	Trinity sunt	Capr	11	clocke in the	6	☾
xxviij	a	Coron Mart.	Capr	23	morning.	7	d
xxix	b	Nichomede.	Aqua	5		8	e
xxx	c	Petronile.	Aqua	18		9	f
xxxi	d	Nerius.	Pisces	0		10	g

Let Physicke goe, coole hearbs now take,
Sweet drinkes and Venus now forsake.

1. day, Sun riseth at 3. and 47. min. Sets at 8. & 13. min.
14 day, Sun riseth at 3. and 45. min. Sets at 8. & 15. min.

i	e	Trine deg	Pisc.	12		11	a
ij	f	Marcellus.	Pisc.	24	☾ Last quar=	12	b
iij	g	Erasmus.	Aries	6	ter the ij. day.	13	c
iiij	a	Petrosius.	Aries	19	half an houre	14	d
v	b	Bonifacius.	Taur.	1	after 3. of the	15	e
vi	c	Vetus ne.	Taur.	14	clock in the	16	f
vij	d	Modestan.	Taur.	27	morning.	17	g
viij	e	Mer. and gil.	Gem.	10		18	a
ix	f	Transl. Edm.	Gem.	23	● New moon	19	b
x	g	Juan conf.	Canc.	7	the ix. day,	20	c
xi	a	Barnab. ap.	Canc.	21	¾ quarters of	21	d
xij	b	Sol in Cancer.	Leo	5	an houre after	22	e
xiij	c	Anthony con.	Leo	20	6. of the clock	23	f
xiiij	d	Basil Wit.	Virg.	4	at nights.	24	g
xv	e	Vite & mode.	Virg.	19		25	a
xvi	f	Transl. Rich.	Libra	7	☽ First quar=	26	b
xvij	g	Bartolph.	Libra	18	ter the xvi.	27	c
xviij	a	Ocouperius.	Scor.	2	day, a quarter	28	d
xix	b	Nat. K. Iames.	Scor.	15	of an houre	29	e
xx	c	Germanus	Scor.	29	after high=	30	f
xxi	d	Walburge.	Sagit.	12	nnne.	1	g
xxij	e	Albane mart.	Sagi.	25		2	a
xxiij	f	Audry.	Capri.	7	○ Full mnn	3	b
xxiiij	g	John Bapt.	Capri.	19	the xxiij. day,	4	c
xxv	a	Eran. of Ele.	Aqua.	2	a quarter of	5	d
xxvi	b	Joh & Paul.	Aqua.	14	an houre after	6	e
xxvij	c	Tresc. Wil.	Aqua.	26	6. of the clock	7	f
xxviij	d	Leonis.	Pisc.	8	at night.	8	g
xxix	e	Peter Paul.	Pisc.	20		9	a
xxx	f	Com. of Pa.	Aries.	2		10	b

Haue Sallets coole to euery meſſe,
And bath thy ſelfe in Riuers freſh.

1. day, Sun riſeth at 3. and 53 min. Sets at 8. & 7. min.
14. day, Sun riſeth at 4. and 8. min. Sets at 7. & 52. min.

i	G	Oct. Io. Ba.	Aries 14	☾ Laſt quar-	11	c
ij	a	Viſita. of Ma.	Aries 26	ter the i. day,	12	d
iij	b	Tran. of Tho.	Taur. 9	at 8. of the	13	e
iiij	c	Tran. of Ma.	Taur. 22	clock at night	14	f
v	d	Foe virgin.	Gem. 5		15	g
vi	e	Octo. of Pet.	Gem. 18	● New moon	16	a
vij	f	Thom. tranſ.	Canc. 2	the ix. day	17	b
viij	G	Dep. Grim.	Canc. 16	half an houre	18	c
ix	a	Cirill Wilh.	Leo 0	after 3. of the	19	d
x	b	7 Bzeth. mar.	Leo 15	clocke, in the	20	e
xi	c	Tran. of Be.	Leo 29	morning.	21	f
xij	d	Nabors fel.	Virg. 14		22	g
xiij	e		Virg. 29	☽ Firſt quar-	23	a
xiiij	f	Reuell.	Libra 14	ter the xv. day,	24	b
xv	G	Swithin tra.	Libra. 28	at 6. of the	25	
xvi	a	Tranſ. Oſm.	Scor. 12	clock at night.	26	d
xvij	b	Kenelm King.	Scor. 26		27	e
xviij	c	Arnolph biſh	Sagit. 9	○ Full moon	28	f
xix	d		Sagit. 22	the xxiij. day,	29	g
xx	e	Marga. virg.	Capr. 4	at 8. of the	30	a
xxi	f	Praxed. virg.	Capr. 17	clocke in the	31	b
xxij	G	Mary Mag.	Capr. 29	morning.	1	c
xxiij	a	Apollin. biſh.	Aqua. 11		2	d
xxiiij	b	Chriſtin.	Aqua. 23	☾ Laſt quar-	3	e
xxv	c		Piſce. 4	ter the xxx.	4	f
xxvi	d	Ia. Ma. mo.	Piſce. 16	day, halfe an	5	g
xxvij	e	7 Sleepers.	Piſce. 28	houre after	6	a
xxviij	f	Hampſ. biſh.	Aries. 10	11. of the clock	7	b
xxix	G	Fe. & his fel.	Aries. 22	at noone.	8	c
xxx	a	Abdon & Se.	Taur. 4		9	d
xxxi	b	Germain biſh	Taur. 17		10	e

Fly Physicke and Phlebotomie,
Eschew, cold Bathes, and venery.

1. day, Sun riseth at 4. & 37. min. Sets at 7. and 23. min.
14. day, Sun riseth at 5 & 0. min. Sets at 7. and 0. min.

i	c	Lammas day.	Gem	0		11	f
ij	d	Stephen bish	Gem	13	☽ New moon	12	g
iij	e	Juven. Ste	Gem	26	the vij. day.	13	a
iiij	f	Justine.	Canc	10	halfe an houre	14	b
v	G	Gowtie con.	Canc	24	after a 11. of	15	☾
vi	a	Trans. of Ch.	Leo	9	the clocke at	16	d
vij	b	Feast of Jes.	Leo	23	noone.	17	e
viij	c	Cir. & his fe.	Virgo	8		18	f
ix	d	Roman mart.	Virgo	23	☽ First quar-	19	g
x	e	Laurenc. mar	Libra	8	ter the xiiij.	20	a
xi	f	Tiburt mart.	Libra	23	day, a quarter	21	b
xij	G	Clare virg.	Scor	7	of an hrure af-	22	○
xiij	a	Sol in Virgo	Scor	21	ter 2. of the	23	d
xiiij	b	Eusebius	Sagit	5	clocke in the	24	e
xv	c	Assumpt. mar.	Sagit	18	morning.	25	f
xvi	d	Roch Mart.	Capri	1		26	g
xvij	e	Octo. Laur.	Capri	14		27	a
xviij	f	Agapite.	Capri	26		28	b
xix	G	Magnus mar	Aquar	8	○ Full moon	29	○
xx	a	Lewes Bish.	Aquar	20	the xxi. day,	30	d
xxi	b	Barnard. ab.	Pisce	2	halfe an hhure	31	e
xxij	c	Priuatus.	Pisce	13	after 11. of the	1	f
xxiij	d	Tim. fast	Pisce	25	clock at night.	2	g
xxiiij	e	Bartholo. Ap.	Aries	7		3	a
xxv	f	Lewes king.	Aries	18		4	b
xxvi	G	Severine.	Taur	0	☾ Last quar-	5	☾
xxvij	a	Rufine mar.	Taur	18	ter the xxx.	6	d
xxviij	b	Don day end	Taur	25	day, halfe an	7	e
xxix	c	John behead	Gem	8	houre after	8	f
xxx	d	Felix & Jude	Gem	21	1. of the clocke	9	g
xxxi	e	Cathbert. vir	Canc	4	in the morne.	10	a

September hath xxx. dayes.

Now drinke Goates milke, on ripe fruits feed,
If need require Purge, Bathe, and Bleed.

1. day, Sun riseth at 5. and 36. min. Sets at 6. & 24. min.
14. day, Sun riseth at 6. and 2. min. Sets at 5. & 58. min.

i	f	Giles Abbot.	Canc	18		11	b
ij	G	Anthony mar.	Leo	3		12	C
iij	a	Ordin. Greg.	Leo	17	● New moon	13	d
iiij	b	Tra. of Cuth.	Virgo	2	the v. day,	14	e
v	c	Bertine Ab.	Virgo	17	halfe an houre	15	f
vi	d	Eugenius.	Libra	2	after 7. of the	16	g
vij	e	Na. reg. Eli.	Libra	17	clock, at night	17	a
viij	f	Nat. of Mar.	Scorp	2		18	b
ix	G	Gorgonius.	Scor	16	☽ First quar-	19	C
x	a	Stiuius bish.	Sagit	0	ter the xij. day,	20	d
xi	b	Proth. & Jac.	Sagit	14	at 2. of the	21	e
xij	c	Martian.	Sagit	27	clocke, in the	22	f
xiij	d	Sol in Libra.	Capr	10	after noone.	23	g
xiiij	e	Holy crosse.	Capr	23		24	a
xv	f	Ember weeks.	Aqua	5	● Full moon	25	b
xvi	G	Edith virg.	Aqua	17	the xx. day, a	26	C
xvij	a	Lambert.	Aqua	29	quarter of an	27	d
xviij	b	Victor & cor.	Pisc.	11	houre after 4.	28	e
xix	c	Ind. a. mart.	Pisc	23	of the clocke,	29	f
xx	d	Eustace.	Aries	4	in the euening	30	g
xxi	e	Matthew Ap.	Aries	16		1	a
xxij	f	Mauritius.	Aries	28		2	b
xxiij	G	Tecla virg.	Taur	10	☾ Last quar-	3	
xxiiij	a	Andoche mar.	Taur	22	ter the xxviij.	4	d
xxv	b	Firmin bish.	Gem	4	day, halfe an	5	e
xxvi	c	Cipri. & Just.	Gem	17	houre after 1.	6	f
xxvij	d	Cosme & dam.	Canc	0	of the clock,	7	g
xxviij	e	Exuperi bish.	Canc	13	after noone.	8	a
xxix	f	Michael Arch.	Canc	27		9	b
xxx	G	Hierom Prie.	Leo	11		10	C

Strong Wines, hot Bathes, and Spice that's good,
Preserues our health; Purge, and let Blood.

1. day, Sun riseth at 6. ꝯ 35. min. Sets at 5. ꝯ 25. min.
14. day, Sun riseth at 7. ꝯ 0. min. Sets at 4 ꝯ 0. min.

i	a	Remig. bish.	Leo	16		11	d
ij	b	Leodag. mar.	Virg.	11		12	e
iij	c	Candid. mar.	Virg.	26	● New moon	13	f
iiij	d	Francis.	Libra	11	the iij. day,	14	g
v	e	Apolinarius.	Libra	25	half an houre	15	a
vi	f	Faith virg.	Scor.	10	after 4. of the	16	b
vij	g	Mart. ꝯ Ma.	Scor.	24	clocke in the	17	c
viij	a	Pelagie vir.	Sagit.	8	morning.	18	d
ix	b	[illegible]	Sagit.	22		19	e
x	c	Geron ꝯ dict.	Capric.	5	☽ First quar=	20	f
xi	d	Michael. bish.	Capri.	18	ter the xij. day,	21	g
xij	e	Wilfride.	Aqua.	1	half an houre	22	a
xiij	f	[illegible]	Aqua.	14	after 9. of the	23	b
xiiij	g	Otholy.	Aqua.	26	clocke in the	24	c
xv	a	Wolfran.	Pisc.	8	morning.	25	d
xvi	b	Wich. mount.	Pisc.	20		26	e
xvij	c	Tr. of C.	Aries.	2	○ Full Moon	27	f
xviij	d	[illegible]	Aries.	13	the xx. day,	28	g
xix	e	Frideswid.	Aries.	25	half an houre	29	a
xx	f	Aultrebert.	Taur.	7	after 9. of the	30	b
xxi	g	11000. Virg.	Taur.	19	clocke, in the	31	c
xxij	a	Mary Iolo.	Gem.	1	morning.	1	d
xxiij	b	Woman. Arch	Gem.	14		2	e
xxiiij	c	Magloyre bish	Gem.	27	☾ Last quar=	3	f
xxv	d	Cuth. ꝯ Cut.	Canc.	10	ter the xxvj.	4	g
xxvi	e	Ursula. virg	Canc.	23	day, 3. quar=	5	a
xxvij	f	Flozen.	Leo.	7	ters of an	6	b
xxviij	g	[illegible]	Leo.	21	houre after	7	c
xxix	a	Narcissus.	Virg.	6	10. of the clock	8	d
xxx	b	Germane bish	Virg.	20	at night.	9	e
xxxi	c	Quintin. fast	Libra	5		10	f

Nouember hath xxx. dayes.

From cold keepe both thy head and feete,
Abstaine from Wine that's new and sweet.

1. day, Sun riseth at 7. and 34. min. Sets at 4. & 26. min.
14. day, Sun riseth at 7. and 53. min. Sets at 4. & 7. min.

i	d	All Saints.	Libra 20		11	g
ij	e	All Soules.	Scor. 4		12	a
iij	f	Wenfride.	Scor. 19	● New moon	13	b
iiij	G	Amantius.	Sagit. 3	the iij. day,	14	C
v	a	Papiska con.	Sagit. 17	half an houre	15	d
vi	b	Leonard.	Capr. 0	after two of	16	e
vij	c	Wilfride.	Capr. 13	the clocke af-	17	f
viij	d	4. Crowned.	Capr. 26	ter noone.	18	g
ix	e	Theodore.	Aqua. 9		19	a
x	f	Martin.	Aqua. 21	☽ First quar-	20	b
xi	G	Martin Bish.	Pisce. 4	ter the x. day,	21	C
xij	a	Sol in Sagit.	Pisce. 16	halfe an houre	22	d
xiij	b	Brice.	Pisce. 28	after mid-	23	e
xiiij	c	Erkinwald.	Aries. 10	night.	24	f
xv	d	Macute. bish.	Aries. 22		25	g
xvi	e	Edmund arch	Taur. 4	○ Full moon	26	a
xvij	f	S. Hugh bish.	Taur. 16	the xix. day,	27	b
xviij	G	Octa Martin	Taur. 28	at 2. of the	28	C
xix	a	Elizabeth. ma	Gem. 11	clocke in the	29	d
xx	b	Edmund kin.	Gem. 24	morning.	30	e
xxi	c	Pres. of Ma.	Canc. 7		1	f
xxij	d	Cicely virg.	Canc. 20		2	g
xxiij	e	Clement bish.	Leo. 4	☾ Last quar-	3	a
xxiiij	f	Grisogon. ma.	Leo. 17	ter the xxvi.	4	b
xxv	G	Katherine.	Virgo 2	day, halfe an	5	C
xxvi	a	Linus Bish.	Virgo 16	houre after 6.	6	d
xxvij	b	Agricola.	Libra. 1	of the clocke,	7	e
xxviij	c	Terme ends	Libra. 15	in the morne.	8	f
xxix	d	Saturn. fast	Scorp. 0		9	g
xxx	e	Andrew Ap.	Scor. 14		10	a

Vse meates that warme, hot Spice and Wine,
Feast moderately this Christmas time.

1. day, Sun riseth at 8. & 12. min Sets at 3. & 48 min.
14. day, Sun riseth at 8. & 15. min Sets at 3. & 45. min.

i	f	Eligius bish.	Scor	28		11	b
ij	G	Advent bind	Sagit	12		12	C
iij	a	Dep. of Osm.	Sagi	2[illegible]	● New moon	13	d
iiij	b	Barbara vir.	Capri	8	the iij. day,	14	e
v	c	Sabba. Ab.	Capri	21	half an houre	15	f
vi	d	Nicholas bish	Aquar	4	after 2. of the	16	g
vij	e	Oct. Andrew	Aquar	16	clocke, in the	17	a
viij	f	Con. of Ma.	Aquar	29	morning.	18	b
ix	G	Ciprian ab.	Pisce	12		19	C
x	a	Eulalia virg	Pisce	23		20	d
xi	b	Damas bish.	Aries	5		21	e
xij	c	Sol in Capric	Aries	18	☽ First quar-	22	f
xiij	d	Lucie virg.	Taur	0	ter the x. day,	23	g
xiiij	e	Othy virg.	Taur	12	at 9 of the	24	a
xv	f	Quiper weeks	Taur	24	clocke, at	25	b
xvi	G	O sapientia.	Gem	7	night.	26	C
xvii	a	Lazarus bish.	Gem	20		27	d
xviij	b	Gratian bish.	Canc	3	○ Full moon	28	e
xix	c	Venetia vir.	Canc	16	the xviij. day	29	f
xx	d	Julian tab	Leo	0	at 5. of the	30	g
xxi	e	Thomas Ap	Leo	14	clock at night	31	a
xxii	f	30. Martirs.	Leo	28		1	b
xxiii	G	Victor virg.	Virgo	12		2	C
xxiiij	a	Cand. tab	Virgo	27	☾ Last quar-	3	d
xxv	b	Christm. day	Libra	11	ter the xxv.	4	e
xxvi	c	S. Stephen.	Libra	26	day, at 2. of	5	f
xxvii	d	S. John.	Scor	10	the clock, in	6	g
xxviij	e	Innocents.	Scor	24	the afternoon.	7	a
xxix	f	Thom. Beck.	Sagit	8		8	b
xxx	G	Tran. of Ja.	Sagit	21		9	C
xxxi	a	Silvest. bish.	Capri	4		10	d

White. 1621.

A Prognostication for *this present yeare of our* Lord God, 1621.

Being the first from the Bissextile or Leape yeare: Wherein is contained the estate of the whole yeare, the disposition of each quarter, and the inclination of the weather for euery quarter of the Moone, throughout the whole yeare.

With the Rising and Setting of the Planets, Husbandly aduertisements, and other things fit to be knowne, both pleasant and profitable.

By *Iohn White*, wel-willer to the *Mathematickes*.

¶ *At London printed for the* Company of Stationers.

A briefe Computation of time compleat within this present yeare, 1621.

From the Creation of the World untill this present yeare, are contained of yeares, 5583.
From the Creation untill the generall Deluge, 1661.
From the Creation of the World vntill Christ, 3972.
From Noes Flood vntill this present yeare, 3917.
Since the birth of Abraham, 3635.
Since the Israelites departed out of Egypt, 3129.
Since the destruction of the Citie of Troy, 2804.
Since Brute entred this Iland, 2728.
Since the building of the Temple by Salomon, 2644.
Since the building of the Citie of Rome, 2372.
Since Nebuchadonozar the King, 2368.
Since the Captiuity of Babilon, 2257.
Since the desolation of the Temple, 2226.
Since the death of Alexander the great, 2945.
Since Iulius Cæsar was slaine with Dowgards, 1670.
Since the birth of our Sauiour Christ, 1621.
Since Ierusalem was destroyed by Titus Vespatian, 1538.
Since England first receiued the Christian faith, 1441.
Since the conquest of England by Duke William, 650.
Since the science of Printing was first inuented, 161.
Since King Henry the 8 conquered Bulloyne, 77.
Since the infectious lingring sickues in Edward 6. 70.
Since S. Pauls Steeple in London fired by lightning, 60.
Since the great Plague at Newhauen and London. 58.
Since the Earles Rebellion in the North, 52.
Since the Blasing Starre, and that great Winter, 49.
Since the whole Heauens seemed to burn with fier, 47.
Since the deepe Snow, 42.
Since the generall Earthquake in England, 41.
Since the Campe at Tilbury in Essex, 32.
Since the beginning of the raign of our King IAMES the first of England, compleat in March the 24. is 18. yeares, but current 19 yeares.

A brief Declaration of the di-
ſpoſition of the foure Quarters of this yeare, 1621.

Of Winter.

The Winter quarter beſt doth prophenate
To all Degrees, and Sexes, their eſtate.

Sol in Capricorne, Aquarius, Piſces.

The Winter quarter taketh his firſt beginning at that time when the Sunne doth enter into the firſt degree of Capricorne, (which quarter the laſt yeare, 1620. did begin vpon the twelfth day of December, and doth continue this yeare 1621. vntill the tenth of March) which is the time whilſt the Sun doth paſſe thorow thoſe three Hymall or winterly ſignes, Capricorne, Aquarius, and Piſces.

The vſuall and naturall quality of this Quarter is to bee cold and moiſt, and participateth chiefely of the

Phlegmatick complection, which Element hath moſt predomination from three of the clocke in the afternoone, vntill nine at night. Now doe the Seas ſwell, and Tempeſts arile; Floods increaſe, and the aire is extreame cold, and taketh away the ſtrength of all liuing Creatures, and the poares of the earth are cloſed vp by reaſon of the coldneſſe of the ayre: Beaſts ſeeke them ſhelters; Fowles couet the warmeſt Regions, and Fiſhes betake them to the depeſt of the waters; yet are the inward parts both of Man and Beaſt, more ſtrong and of better digeſtion then in Summer, by reaſon naturall heate is driuen into the inward parts, to comfort the vitall parts, and to helpe digeſtion. Therefore vſe ſuch meates whoſe operation are hot and dry, and expell the coldneſſe of the ayre by warme drinkes, ſtrong wines, and comfortable broths, and be carefull to keepe thy head and feete from cold and wet. The colder and dryer this quarter is, is moſt holeſome, but too much cold killeth trees in a warme countrey. A warme and moiſt winter is vnwholeſome, and an enemy to the husbandman, but indifferent ſtore of Snow doth ranken the fields, and preſerueth corne.

The Diſeaſes vſually incident to this quarter, are theſe or the like, as Toothach, Rheumes, Coughes, Poles, ſore eyes, Cathars, Crampes, Gowtes, Fluxes, Palſies, &c.

Of the ſecond part of the yeere, called the Spring.

The Spring compared is to Infancy,
To ſpring and grow in virtue till we die.

Sol

Sol in Aries, Taurus, Gemini:

The Spring taketh his beginning (when the bright Lampe of Heauen doth enter into the first degrée of the first Equinoctiall Signe which is Aries) vpon the tenth day of march, and doth continue vntil the thirteenth day of Iune, in which time the Sunne passeth thorow these three vernall Signes, Aries, Taurus, and Gemini.

Naturally this Quarter is of a disposition hot and moyst, being of the sanguine complexion, which element hath chiefe predomination from nine of the clocke at night, till three of the clocke in the morning: Now are the daies and nights of an equall length, and glorious Sun casteth a pleasant aspect vpon the face of the earth, comforting all Creatures with his chéerefull raies: This is the most pleasant and wholesome Quarter in all the yeare, being most fit to remoue sicknesses of a long continuance, and to preuent such as are like to follow. Foules of the aire doe couple, Beasts of the earth increase, and Fishes of the waters doe multiply, leauing the deepe to liue in shallow places. The earth produceth all manner of fruites, plants and herbes, for the vse of mankind. An ouer-wet Spring causeth fruites to bée scarce and rotten, and weedes in abundance: Let your drinke be somewhat smaller and cooler then in Winter, and your diet more sparing, and vse such things as are of nature cold and dry: Purging, sweating, bathing, & bleeding, are conuenient this quarter.

Sicknesse commonly attending this quarter are, small Pockes, Measels, Scabs, Pulhes in the face, Agues, Kings-euill, Phrensies, and such like.

Of the third part of the yeere called Summer.

Like man in his chiefe state and lusty yeares,
The ripening Summer quarter best appeares.

Sol in Cancer, Leo, Virgo.

The Summer doth begin when the Sunne commeth to the first degree of Cancer, which is upon the thirteenth day of June, and continueth whilst hee doth passe thorow these three Celestiall Signes, Cancer, Leo, and Virgo: and this quarter doth end upon the thirteenth day of September.

The naturall disposition of this Quarter is heate and dryneſſe, being of complexion, cholerick, which Element doth governe from three of the clocke in the morning, till nine before noone: now is heate and dryneſſe at the highest, floods at their lowest, dayes at the longest, and nights shortest; the windes are still, and Seas most calme; flowers are in their beauty, and fruite in their prime, the busie Bee gathereth her hunny, and the husbandman the fruite of his labours; wee are not now so hot within as in winter, for naturall heate is dispersed into the outward parts of the body, and our digestion is more weake and feeble: drinkes that are cooling shall are most meete for our bodies, and a little quantity of meate doth best agree with nature, and that which is boyled is the most wholesome, and all such things whose operation is cold and moist. In this Summer doth rot fruits, and spoyleth Graine.

The sicknesses usually of this quarter are Feavers, Agues, Pestilence, Jaundice, paine in the head and belly, &c.

Of

Prognostication.

Of the fourth part of the yeere called Autumne or Harueſt.

As Autumne ſteales the Sappe from Tree and Flower,
So Death comes creeping neerer euery houer.

Sol in Libra, Scorpio, Sagitari.

AVtumn, vſually called the fall of the Leafe, or Harneſt, doth begin when the Sun entreth the firſt degrée of Libra, and is vnto the 13. day of September, and continueth till hee hath paſſed theſe three Autumnall ſignes, Libra, Scorpio, and Sagitari: This quarter doth end on the 12. day of December.

By nature this quarter is cold and dry, and taketh his part of the Melancholy complexion, which Element doth rule from nine of the cloche in the morning, til three in the afternoone. Now is the Sun ſeated againe in the ſecond Equinoctiall, making the daies and nights once againe equall; the face of the earth doth loſe her beauty, Graſſe is mowed, Corne is reaped, Fruites are gathered, Flowers fade, and leaues doe fall, Floods doe riſe, and Springs doe fall; now moſt part of all liuing creatures, prouideth places of ſhelter againſt the ſtormes of enſuing winter. If that Autumne proue cold, Harneſt fruites loſeth both quantity, iuice, and beauty: of all the other Quarters this is the moſt vnwholeſome, dangerous, and moſt ſubiect to ſickneſſe: therefore beware of the euening and morning cold, and vſe ſuch things which are of nature hot and moiſt.

The diſeaſes incident to this Quarter are theſe chiefely, Melancholy, Falling-ſickneſſe, Agues, Fluxes of blood, paines of the Backe, kidneys and eyes, the ſtone, Fiſtulaes, Emrods, Spleene, &c.

The rising and setting of the Planets, with the quarters of the Moone, with a prediction of the weather for euery Quarter.

Of Ianuary.

♄. Saturne, is West at sunrise.
♃. Iupiter, is past the south at sunnerise.
♂. Mars, is south at sunne set.
♀. Venus, and ☿. Mercury, are west at sunset.

Last Quarter on Thursday the 4 day, 23 minutes after 7 of the clocke at night, windy.
New Moone on Friday the 12 day, 25 minutes after 2 of the clocke in the afternoone, raine.
First Quarter on Saterday the 20 day, 41 minutes after 12 of the clocke at noone, frost.
Full Moone on Saterday the 27 day, 46 minutes after 2 of the clocke in the afternoone, faire.

Of February.

♄. Saturne, is Southwest at sunrise.
♃. Iupiter, is neere the south at sunrise.
♂. Mars, is neere the south at sunset.
♀. Venus, and ☿. Mercuri, sets after the sunne.

Last Quarter on saterday the 3 day, 58 minutes after 7 of the clocke in the morning, sleete.
New moone on Sunday the 11 day, 23 minutes after 9 of the clocke in the morning, raine.
First Quarter on munday the 19 day, 46 minutes after 10 of the clocke in the morning, windy.
Full moone on monday the 26 day, 27 minutes after midnight, frost.

Of

Of March.

♄. Saturne, is south at sunnerise.
♃. Iupiter, is southeast at sunnerise.
♂. Mars, is southeast at sunneset.
♀. Venus, shyneth in the west at sunneset.
☿. Mercurie setteth with the sunne.
Last Quarter on Sunday the 4 day, 13 minutes after 11 of the clocke at night, faire.
New moone on tuesday the 13 day, 23 minutes after 3 of the clocke in the morning, faire.
First Quarter on tuesday the 20 day, 27 minutes after 7 of the clocke at night, raine.
Full moone on tuesday the 27 day, 57 minutes after 9 of the clocke in the morning, windy.

Of Aprill.

♄. Saturne, is southeast at sunnerise.
♃. Iupiter, & ☿. Mercury, riseth a while before the sun.
♂. Mars, riseth a little after sunneset.
♀. Venus, shyneth in the west at sunset.
Last Quarter on tuesday the 3 day, 10 minutes after 4 of the clocke after noone, windy and wet.
New moone on wednesday the 11 day, 12 minutes after 7 of the clocke at night, faire.
First Quarter on Thursday the 19 day, 54 minutes after 2 of the clocke in the morning, cloudy.
Full moone on wednesday the 25 day, 40 minutes after 7 of the clocke at night, wet.

Of May.

♄. Saturne, riseth a while before the sunne.
♃. Iupiter, is vnder the sunne beames.

♂. Mars,

♂ Mars, is in the west at Sun rise.
♀ Venus, and ☿ Mercuri sets a little after the Sunne.
Last quarter, on Thursday the 3. day, 53. minutes after nine of the clocke in the morning, cold blasts.
New Moone on friday the 11. day, 16. minutes after 8. of the clocke in the morning, cloudy.
First quarter on friday the 18 day, at 7 of the clocke in the morning, cloudy weather.
Full Moone on friday the 25. day, 28. minutes after 6. of the clocke in the morning, bright daies.

Of June.

♄. Saturne, ♀. Venus and ☿ Mercury, sets neere the Sun.
♃. Iupiter, setteth a little after the Sunne.
♂. mars, is Southwest at Sun rising.
Last quarter, on Saterday the 2. day, 22. minutes after 3. of the clocke in the morning, cloudy.
New Moone on saterday the 9 day, 40 minutes after 6 of the clock at night, high winds.
First quarter on saterday the 16 day, 19 minutes after 12 of the clocke at none, faire.
Full moone on saterday the 23 day, 18 minutes after 6 of the clocke at night, cloudy weather.

Of July.

♄. Saturne, setteth a little after the Sunne.
♃. Iupiter is toward the East at Sun set.
♂. mars is past the South at Sun rise.
♀. Venus and ☿ mercury, sets with the Sunne.
Last quarter on Sunday the first day, 5 minutes after 8 of the clocke at night, very hot.
New moone on munday the 9 day, 25 minutes after 3 of the

the clocke in the morning, faire.

First quarter on Sunday the 15 day, 50 minutes after 5 of the clocke in the night, cole blasts.

Full moone on munday the 23 day, at 55 minutes after 7 of the clocke in the morning, raine.

Last quarter on tuesday the 31 day, 39 minutes after 11 of the clocke at noone, close weather.

Of August.

♄. Saturne, and ♃. Iupiter, are neer southeast at sunset.

♂. Mars, is South at Sunne rise.

♀. Venus, and ☿. Mercury, riseth before the Sunne.

New moone on tuesday the 7 day, 28 minutes after 11 of the cloke at noone faire.

First quarter on tuesday the 14 day, 10 minutes after 2 of the clocke in the morning, faire.

Full moone on tuesday the 21 day, 25 minutes after 11 of the clocke at night, wet.

Last quarter on thursday the 30 day, 22 minutes after one of the clocks in the morning winds.

Of September.

♄. Saturne, is past the South at sunset.

♃. Iupiter, is South at sunset.

♂. Mars, is neere the South at Sunrise.

♀. Venus, riseth before the Sunne.

☿. Mercury, setteth after the Sunne.

New moone on wensday the 5 day, 28 minutes after 7 of the clocke at night, raw cold.

First quarter on wensday the 12 day, at 2 of the clocke in the afternoone, faire.

Fu

Full moone on thursday the 20 day, 16 minutes after 4 of the clocke at night, faire.
Laſt Quarter on friday the 28 day, 25 minutes after 1 of the clocke in the afternoone, raine.

Of October.

♄. Saturne, is neere the ſouth at ſunneſet.
♃ Iupiter, is ſoutheaſt at ſunſet.
♂. Mars, is neere the ſouth at ſunriſe.
♀. Venus, ſhineth in the Eaſt before the ſunne.
☿. Mercury, riſeth with the ſunne.
New moone on Thurſday the 4 day, 27 minutes after 4 of the clocke in the morning, cold blaſts.
Firſt Quarter on friday the 12 day, 37 minutes after 5 of the clocke in the morning, cold blaſts.
Full moone on ſatterday the 20 day, 32 minutes after 5 of the clocke in the morning, cloudy.
Laſt quarter on ſatterday the 27 day, 45 minutes after 11 of the clocke at night, faire.

Of Nouember.

♄. Saturne, is ſoutheaſt at ſunſet.
♃. Iupiter, is in the Eaſt at ſunſet.
♂. Mars, is toward the ſouth at ſunriſe.
♀. Venus, and ☿. Mercury, riſeth before the ſunne.
New moone on ſatterday the 3 day, 24 minutes after 2 of the clocke in the afternoone, raine.
Firſt Quarter on ſatterday the 10 day, 21 minutes after 12 of the clocke at night, winds.
Full moone on munday the 19 day, 4 minutes after 2 of the clocke in the morning, ſome ſhewers.
Laſt quarter on munday the 26 day, 36 minutes after 6 of the clocke in the morning froſts.

Of

Of December.

♄ Saturne, riseth a little before midnight.
♃ Iupiter, is in the west at sunrise.
♂, Mars, and ♀ Venus, are southeast at sunrise,
☿ Mercury, sets with the sunne.
New moone on munday the 3 day, 36 minutes after 2 of the clocke in the morning, faire.
First quarter on munday the 10 day, at 9 of the clocke at night, raine.
Full moone on tuseday the 18 day, 57 minutes after 4 of of the clocke in the euening, snow, or sleete.
Last quarter on tuseday the 25 day, 58 minutes after 1 of the clocke in the afternoone, frost.

A Table

The beginning, continuance, and ending of the Kings raignes since the conqueſt, with the time how long it is ſince to this yeare 1621.

The Kings names.	Began his raigne.	Raigned yeers.	mon.	dais	Since their Raigne
Wil. Conq.	1066 Octob. 14	20	11	14	534 Septem. 9
Wil. Rufus	1087 Septem. 9	12	11	17	521 Auguſt. 1
Henry 1	1100 Auguſt. 1	25	4	11	486 Decem. 2
Stephen	1135 Decem. 2	18	11	18	467 Octob. 25
Henry 2	1154 Octo. 17	34	9	4	432 Iuly. 6
Richard 1	1189 Iuly. 6	9	9	0	424 April. 6
Iohn	1199 April. 6	17	7		405 Octob. 16
Henry 3	1216 Octob. 19	56	1	0	348 Nouem. 16
Edward 1	1272 Nouē. 16	34	8	9	314 Iuly. 7
Edward 2	1307 Iuly. 7	19	7	16	295 Ianuary. 25
Edward 3	1326 Ianua. 25	50	5	7	244 Iune. 21
Richard 2	1377 Iune. 21	22	3	14	221 Septem. 25
Henry 4	1399 Septe. 29	13	6	9	209 May. 20
Henry 5	1412 March. 20	9	5	24	199 Auguſt. 31
Henry 6	1422 Augu. 31	38	6	8	161 March. 4
Edward 4	1460 March. 4	22	1	8	138 April. 9
Edward 5	1483 April. 9	0	2	18	137 Iune. 22
Richard 3	1483 Ianua. 22	2	2	5	136 Auguſt. 22
Henry 7	1485 Augu. 22	23	8	2	112 Aprill. 22
Henry 8	1509 April. 22	37	10	2	75 Ianuary. 28
Edward 6	1536 Ianua. 28	6	5	19	68 Iuly. 6
Mary	1553 Iuly. 6	5	4	11	63 Nouem. 17
Elizabeth.	1558 Nouē. 17	44	4	15	19 March. 24
K. Iames	1602 March. 24				

Note that euery King began his raigne the same time that the next precedent King ended his.

And if you desire to know how long it is since the beginning of the raigne of any King, take how long it is since the ending of the precedent King, and there you shal finde it.

As for example: if you would know when King Henry the 8 began his raign, & how long he raigned, & also how long it is since his raign; find out first his name amongst the names of the Kings, and searching the rowe toward the right hand, you shall finde he began his raigne in the yere 1509, the 22 of Aprill, and vnder the title of the time that they raigned, is 37 yeres, 10 moneths, and 2 daies. And looking forward in the same rowe where is 73 yeres, January 28, vnder the title of since their raigne, and so long it is since he died.

¶ How to iudge what Weather will follow, by the rising and setting of the Sunne.

The Sunne rising bright and cleere, signifieth a pleasant day: If he rise fiery red, it pronosticeth raine: If in his rising he be thinly ouercast with a cloud, it betokeneth foule weather: If the Sun driue the clouds before him into the west, it signifieth faire weather. If at his rising there appeare a circle about him, & vanisheth away equally, it betokeneth faire weather. Also, if hee setteth red, it signifieth faire weather: If at his setting he be of diuers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames seeme red, or long, or incompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke myst, or if it rain in the euening, it threatneth very foule weather to follow. Also, if the Sun beames be spotted either greene, pale, or blacke, gathered to a cloud, it signifieth rain. The

sun

Sun setting cleere without any cloud, it signifieth a faire night to ensue. If the circle, or circles about the Sun bee cleere and of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement windes. If the circles are here and there broken, and are thicke and blacke, looke for cold wind, or snow: or if he settle behinde a great blacke cloud, raine followeth.

How weather is foreknowne by the Moone.

If the Moone in the third day of her change, or three dayes before her full, or in the middest of the quarter, be found of pure light, nothing encompassing her, the ends direct vp, she promiseth faire weather: but bent to red colour, prouoketh windes. The Moone pale, or somewhat blacke or thicke, threatneth raine. When the Moone is fiue daies old, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe pointed and pricking vpwards, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the starres appeare of much light, and seeme to be of more brightnes and blazing then ordinary, it betokeneth great winds and moisture in that part where they seeme so: and in winter great frostes. When dimme stars appeare with long fiery tayles, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when stars seeme to shoot or fall, it signifieth great winds in that place: If they seeme to shoote in diuers places, it signifieth diuers winds: If in all places, winds, thunder, lightning, and most tempestious weather.

A short

A ſhort inſtruction, and very neceſſary to know the *times and ſeaſons when to Sow, and replant all manner* of Seedes for the Garden.

Sow Cabages in February, March, & Aprill, in the wane of the Moone: & replant them in the decreaſe.

Sow Cabbage Lettis in February, march, & July, in the old of the moone.

Sow Onions and Lekes, in February & march, at the wane of the moone.

Sow Betes in February & march, at a full moone.

Sow Colewoꝛts white and greene, in the middle of Auguſt & September, plant the yong ones in October, and ſet them againe in Nouember.

Sow parſneps in February, April, & Iune, in a faire day.

Sow Radiſh in February, Aprill, & Iune, in the increaſe of the moone.

Sow Pumpions, Cowcumbers, Millons, & Gourdes, in February, march, & Iune, in a hot and faire day.

Sow Spinage in February & march, in the old of the moone.

Sow Parſely, fenell, and Annis ſeedes, in February, & march, at the full of the moone.

Sow white Endyy in February march, Iuly, & Auguſt, in a full moone.

Sow Cardus-benedictus in February, march, & may, when the moone is old.

Sow Baſill in march, in an old moone.

Sow Purſelaine in February, & march, in the increaſe of the moone.

Sow Margeram, Violets, Time, flower-gentle, Rosemary, and Lauender, in February, march, or Aprill, in the increase of the moone.

Sow Garden-cresses, and Rocket, in February, at the increase of the moone.

Sow Dauell in February, or march, at a new moone.

Sow Saffron in march, when the moone is old.

Sow Coriander, and Borage, in Februarie, march, or in the increase of the moone.

Sow Harts-horne, and fan-phire, in February, march, or Aprill, in the old of the moone.

Sow Gilliflowers, Harts-eale, and Wal-flowers, in march, or Aprill, in an old moone.

Sow Cardons, and Artichokes, in Aprill, or march, when the moone is old.

Sow Chickweed, in February, or march, at the full of the moone.

Sow Burnet in February, or march, when the moone is old.

Sow Hisope & sauory in march, when the moone is old.

Sow double Marygolds in February, or march, in the increase of the moone.

Sow Larks-foote, sparges, and sperage, in February, in an old moone.

Sow white Poppy, and Palma-christi, in February, or march, in the increase of the moone.

Sow all manner of Corne, the moone increasing, she being in Cancer, Libra, or Aquarius.

Set or sow all kind of seedes, the moone in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But those seedes whose rootes are round, should bee sowen three or foure dayes before, or after the full moone.

Certaine

Certaine, ſhort Rules, for the comforting of the chiefe officiall members of the body of man.

Things Which are good to comfort the head.

Lignum, Aloes, Mariozam, Galingale, Muſke, Roſemary, Roſes, Camomell, Rew, frankenſence, Nutmegges, Hyſope, Balme, Mints, ſpike, and Gladen.

Things good for the Eyes.

Fenell, Calendine, Agremonie, Eybright, Veruine, Roſes, Cloues, and cold Water.

Things good for the Stomacke.

Nutmegs, organum, coꝛall, woꝛmewood, quinces, ſafron, olibanum, agrimony, ſumetoꝛie, cloues, lignum, aloes, coꝛiander, maſticke, and ſpadium.

Things good for the Heart.

Saffron, cloues, cinamon, coꝛall, lignum, aloes, mace, mirabolans, pearles, maioꝛam, muſke, bugiaſſe nutmegs, boꝛage, roſemary, and ſetwell.

Things good for the Liuer.

Liuerwoꝛt, great reaſons, woꝛmewood, agrimony, ſaf-

fron, cloues, endiue, sanders, fennell, rosewater, violets, plantine, dragons, and lettice.

Things good for the Lunges,

Almonds, dates, raisons, maydenhaire, licorice, elicompane, lungwort, pistaces, and penedies.

Meates hurtfull for the Teeth.

NUttes, meates very hot, warme drinke, swéete meates and drinkes, radish rootes, hard meates, bitter meates, milke, much vomiting, léekes, fatte of fish, colworts, and lemons.

Things hurtfull to the Eyes.

Garlicke, onions, radish, drunkennesse, lecherie, swéete and thicke wines, salt meates, coleworts, all pulse, must, wine, dust, smoake, fier, and reading presently after supper.

A Cato-

A Catologue of all the Shires, Cities *Biſhoprickes, Market Townes, Caſtles, Pariſhes,* Riuers, Bridges, Chaſes, Forreſts, & Parks, contained in euery particular Shire in the *Kingdome of England.*

Shires.	Cities.	Biſhoprickes.	Market-townes.	Caſtles.	Pariſhes.	Riuers.	Bridges.	Chaſes.	Forreſts.	Parkes.
Angleſey.	0	0	3	0	83	0	2	0	0	0
Barke ſhire.	0	0	11	2	140	3	7	0	3	12
Bedford ſhire.	0	0	10	0	116	1	6	0	0	12
Buckinghamſhir	0	0	11	0	185	2	14	0	0	15
Brecknokſhire.	0	0	3	4	70	27	13	0	0	2
Cambridge ſhir.	0	1	6	0	163	1	7	0	2	5
Cheſhire.	1	1	9	3	68	9	19	0	2	18
Conrwall.	0	1	23	6	161	7	31	0	0	9
Cumberland.	1	1	8	15	58	20	33	0	3	8
Cardigan ſhire.	0	0	4	0	77	26	9	0	4	0
Carmarthanſhir	0	0	6	4	81	20	16	0	4	2
Carnaruon.	0	1	5	3	73	17	6	0	0	0
Darbyſhire.	0	1	8	4	106	13	21	0	1	4
Deuonſhire.	1	1	40	3	94	23	16	0	0	33
Dorcetſhire.	0	0	18	6	248	4	29	1	2	12
Durham.	0	0	5	4	62	11	20	0	0	11
Denbighſhire.	0	0	3	3	53	24	6	0	0	9
Eſſex.	1	1	2	1	415	7	28	0	1	46
Flintſhire.	0	1	3	4	24	4	2	0	0	2
Gloceſterſhire.	1	1	20	1	280	12	22	1	2	19
Glamorganſhir.	0	1	7	12	151	16	6	0	0	5

Hamp-

Hampſhire.	1	1	15	5	248	4	31	0	9	22
Hartfordſhire.	0	0	8	9	120	1	24	0	0	23
Herefordſhire.	1	1	8	7	76	13	11	1	2	8
Huntingtonſhi.	0	0	5	0	78	1	5	0	0	7
Kent.	2	2	17		98	6	14	0	0	28
Lancaſhire.	0	0	8	6	36	23	24	0	1	30
Liceſterſhire.	0	0	11	2	200	1	10	0	2	13
Lincolneſhire.	1	2	26	2	630	9	15	0	0	13
Merionidthſh.	0	0	3	2	34	26	7	0	0	0
Middleſex.	2	2	3	0	73	1	3	1	0	4
Montgomeryſhi	0	0	6	3	42	28	6	0	0	0
Monmouthſhir.	0	0	5	7	142	15	14	1	0	8
Northamptonſh	1		11	2	326	5	24	0	3	23
Nottinghamſhi.	0	0	11	0	168	5	17	0	1	18
Northũberland.	0	0	11	12	40	21	16	0	1	8
Norfolke.	1	1	26	0	625	3	15	0	0	0
Oxfordſhire.	1	1	10	0	208	3	26	0	4	9
Penbroke ſhire.	0	1	6	5	142	6	7	0	2	3
Radnorſhire.	0	0	4	5	43	13	5	0	3	0
Rutland:	0	0	2	0	47	0	1	0	0	4
Shropſhire.	0	0	13	13	170	18	13	0	7	27
Somerſetſhire.	3	2	29	1	385	9	45	0	2	18
Staffordſhire.	1	0	22	5	130	13	19	1	1	38
Suffolke.	0	0	28		464	2	32	0	0	27
Suſſex.	1	1	15	1	312	2	10	0	4	33
Surrie.	0	0	6	0	140	1	7	0	4	17
Warwickeſhire.	1	1	12	1	158	7	21	1	0	16
Weſtmoreland.	0	0	41	6	26	8	25	0	0	19
Wiltſhire.	1	1	21	1	304	5	31	2	9	29
Worceſterſhire.	1	1	7	3	152	5	13	1	2	16
Yorkeſhire.	1	1	46	14	563	36	26	4	8	27

Rules

Rules of Meſuration.

A fingers bredth, is foure Barly cornes in thicknesse, and an Inch, three Barly cornes in length: A hands bredth, foure fingers: A ſpan, is three hands bredth: A foot, is foure hands bredth: A Geometriall Pase, is fiue foot: an Engliſh Pearch is xvi. foot: A Furlong, is a hundred and twenty fiue Pases, or ſix hundred, twenty and fiue foot: An Engliſh Furlong, is ſix hundred and threeſcore foot, or a hundred thirty two Pases: A League, is a thouſand and fiue hundred Pases: An Italian Mile, is a thouſand pases, or eight Furlongs: A common German Mile, is thirty two Furlongs. An Engliſh Mile, is eight Furlongs: An Acre, is forty Pearches in length, and foure in bredth.

Finis.